



QUICK PICKLE

LEARN . PRESERVE . ENJOY



Do you struggle to use up all of your fresh vegetables before they go bad? Learn how to safely preserve them using the quick pickle method. You will take home a jar of pickled veggies along with a recipe card to start using this method yourself.



27 OCTOBER
TUESDAY



2:00 PM -
2:45 PM



44 FRANCIS ST S
KITCHENER

REGISTER NOW



healthwellness@healthcaringkw.org



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